

ORTHODONTIC STUDIO



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ROYAL YORK

## ORTHODONTIC HANDS ON TRAINING FOR DENTAL HYGIENIST/ASSISTANT

**ALL TOPICS WILL BE SUPPLEMENTED WITH THEORY PROVIDED IN THE MANUALS AND HANDS ON EXPERIENCE ON LIVE PATIENTS under the supervision of Course Instructors**

### Day 1

- Introduction to Orthodontic Procedures
  - The importance of Orthodontic consultation
  - Diagnostic Record taking
  - Review of various xrays, scanning techniques, retractor use
  - Proper note taking and documentation of Procedures

### Day 2

- Glossary and Review of Orthodontic Instruments
  - Orthodontic tray set up for Phase I procedures
  - Orthodontic tray set up for Phase II procedures with fixed appliances
  - Orthodontic tray set up for Clear Aligner treatment

### Day 3

- Overview of Phase I appliance treatment
  - Band fitting for removable and fixed functional appliances
  - Insertion and patient instruction
  - Emergency treatment and removal

### Day 4

- Overview of Fixed appliance treatment, including lingual braces
  - Bonding of brackets, placement and height gauge use
  - Orthodontic emergencies, post op instructions

### Day 5

- Overview of Clear Aligner treatment
  - Attachment placement, removal
  - Post op instructions, emergencies

### Day 6

- Retention Protocols, fixed and removable retainers
- Dealing with Relapse
- Specialty cases: TMJ injections, TAD placement, impacted teeth

**NB:** Since this is a clinical environment, typifying patient flow in a real orthodontic clinic, the topics in the outline may not be presented in that exact order. Our procedures are booked 2-3 months in advance of the Hygiene Participants registering for the course hence it is impossible to anticipate the actual order of appearance of procedures. Participants will be invited to observe procedures at first. As the clinical skill and expertise increases, the clinical instructors will invite each participant to perform actual procedures on our patients. The scope of work to be done on our patients will be adjusted to the level of skill of each participant. We recognize that each participant will learn at a different pace. Should a participant wish for additional training, we will arrange for additional 2 days of training at no additional cost.